



ATX Robotic Surgery Patient Education Packet

Thank you for choosing to have your operation done by ATX Robotic Surgery. It is our pleasure to take care of you and provide the highest level of personalized surgical care in Austin. This document is to help answer questions and provide support as you go through the surgery process.

****This packet is also available for DL on our website www.atxroboticsurgery.com****

- **Scheduling**
 - Kelli will schedule the operation for the date and time discussed.
 - The Hospital will call you to confirm date and time
 - You can always Text or call (512-630-0070) Kelli at the office for any updates regarding scheduling.

- **Night before Surgery**
 - Do not eat or drink after midnight
 - It is ok to take medications with a sip of water after midnight or in the morning of surgery, unless it is a specific medication that your surgeon tells you not to take.

- **Day of Surgery**
 - The pre-operative nurses at the hospital will provide excellent preop care and prepare you for the operation
 - Your ATX Robotic Surgeon will come talk to you prior to proceeding to the OR suite.

- **Postoperative**
 - You will be monitored in the post-operative area prior to discharge.
 - You will be provided with discharge instructions

- **Most common Discharge instructions:**
 - Walk, Walk , Walk! Walking and staying out of bed has shown to improve results from surgery
 - Expect some mild discomfort at incision sites.
 - It is normal to have some mild drainage or bloody drainage from the incisions.
 - No lifting more than 15lbs for approx 7 days. Any specifics regarding this will be discussed by your surgeon
 - For Hernia surgery this will be extended to 4-6 weeks.
 - No



running/jumping/exercising or strenuous activity for approx 7 days. Any specifics regarding this will be discussed by your surgeon

- For Hernia surgery this will be extended to 4-6 weeks.
- You will be given a prescription for pain medications or Kelli will call these into your pharmacy.
- Postop Appointment
 - Typically done 10-14 days after surgery.
 - Kelli will call to confirm your date and time
- Please follow us on our facebook Page “ATX Robotic Surgery” • Please follow us on Instagram “ATX Robotic Surgery.”
- Search for us on Google “ATX Robotic Surgery and Dr. Sudeep Burman” • Here you can read all of our reviews (>60 Currently)
- Please visit our website at atxroboticsurgery.com

*** If you ever have any questions throughout the process we can always be reached in at least 4 different ways**

- Call office 512-630-0070
- Text office at 512-630-0070
- Email Kelli - kelli@roboticsurgery.com
- Send us a message on Google or FB